

September 2019 Solstice Senior Living at Bangor

			BE VIBRANT. BE YOU.		Solstice Senior Living at Bangor	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:45 ♥ Sittercise [AR] 9:30 ♥ Dominoes 10:00 ★ Spiritual Fellowship [C] 11:15 ★ Hymns with Leila [Atrm] 1:00 ♥ Afternoon stretches [AR] 3:00 ₱ High Stakes Bingo with Gary! [AR] 4:30 ₱ Yahtzee [AR] 6:30 ♥ Sunday Night at the Movies! [TV]	Labor Day 8:45 Sittercise [AR] 9:45 Bone Builders [AR] 10:00 Will Bowling [GM] 11:10 Morning piano with Galen [Atrm] 11:15 Tai Chi [AR] 12:30 Labor Day BBQ! [DR] 12:30 Mingle Monday's meet your neighbor! [DR] 2:00 Crossword Crossers [AR] 2:30 Pokeno [AR] 3:00 High Stakes Bingo with Gary! [AR] 6:30 Gospel Music with Shepherd's Kids! [Atrm]	8:45 Sittercise [AR] 9:30 Dominoes/ Rummikub [TV] 10:00 Bridge Group [AR] 11:00 Bean Bag with Renee! [Atrm] 2:00 Seven! [AR] 3:00 High Stakes BINGO!! [AR] 4:00 Bible Study with Dave [C] 4:30 word Search [AR] 6:30 Skip-Bo [TV]	8:45 Sittercise [AR] 10:00 Wii Bowling [GM] 11:30 Resident Council Meeting [PDR] 1:30 Word within a Word! [AR] 2:00 Pokeno! [AR] 3:00 High Stakes Bingo with Gary! [AR] 4:30 Puzzle Time! [AR] 6:30 PJ BINGO Party! Be comfy, food, fun and bingo. [AR]	8:45 Sittercise [AR] 9:30 Dominoes/Rummikub [TV] 9:45 Bone Builders [AR] 11:00 Down Memory Lane" One Day Video's [DR] 2:00 High Stakes Bingo with Gary! [AR] 4:00 Sing & Swing Songsters [Atrm] 4:30 Skip-Bo [TV] 6:30 Hand and Foot" card game night!	8:45 Gentle Yoga [AR] 10:00 Wii Bowling [GM] 11:00 Knit and Chat! [TV] 12:30 Friendly Friday's! [AR] 1:30 Painting class with Necia! [AR] 2:00 Health Care Talks with Nicole from Amedisys [Lib] 3:15 High Stakes Bingo! [AR] 4:30 Happy Hour! [TV] 6:30 Friday Night Bean Bag Toss! [Atrm]	Community Garage Sale! 8:45 ♥ Sittercise [AR] 9:30 ₱ Rummikub [AR] 10:00 ₱ Fun with Wii Bowling! [GM] 11:00 ₱ Bean Bag with Randy! [Atrm] 2:00 ♥ Pokeno with Gary! [AR] 3:00 ₱ High Stakes Bingo with Gary! [AR] 4:00
8:45 ♥ Sittercise [AR] 9:30 ♥ Dominoes 10:00 ★ Spiritual Fellowship [C] 11:00 ● Seven with Randy! [AR] 11:15 ★ Hymns with Leila [Atrm] 1:00 ♥ Afternoon stretches [AR] 2:00 ♥ Pokeno with Randy! [AR] 3:00 ₱ High Stakes Bingo with Gary! [AR] 4:30 ₱ Yahtzee [AR] 6:30 ♥ Sunday Night at the Movies! [TV]	8:45 Sittercise [AR] 9:45 Bone Builders [AR] 10:00 Mile Wii Bowling [GM] 11:00 Morning piano with Galen [Atrm] 11:15 Tai Chi [AR] 12:30 Mingle Monday's meet your neighbor! [DR] 2:00 Crossword Crossers [AR] 2:30 Pokeno [AR] 3:00 Piligh Stakes Bingo with Gary! [AR] 6:30 Gospel Music with Shepherd's Kids! [Atrm]	8:45 Sittercise [AR] 9:30 Dominoes/ Rummikub [TV] 10:00 Bridge Group [AR] 11:00 Bean Bag with Renee! [Atrm] 2:00 Seven! [AR] 3:00 High Stakes BINGO!! [AR] 4:00 Bible Study with Dave [C] 4:30 Word Search [AR] 6:30 Skip-Bo [TV]	8:45 Sittercise [AR] 9:00 Orono Bog Broad Walk Tour [Bus] 10:00 Wii Bowling [GM] 12:30 Monthly Birthday Celebration! [DR] 1:30 Word within a Word! [AR] 2:00 Pokeno! [AR] 3:00 Town Hall Meeting [Atrm] 4:30 Puzzle Time! [AR] 6:30 Con Brio Brass Band! [Atrm]	8:45 Sittercise [AR] 9:30 Dominoes/Rummikub [TV] 9:45 Bone Builders [AR] 11:00 Bean Bag Toss with Renee! [Atrm] 11:00 Health Talks with Bangor Drug [TV] 1:00 Down Memory Lane" One Day Video's [DR] 2:00 High Stakes Bingo with Gary! [AR] 4:00 Sing & Swing Songsters [Atrm] 4:30 Skip-Bo [TV] 6:30 Hand and Foot" card game night! [TV]	8:45 Gentle Yoga [AR] 9:30 Apple picking and out to lunch! [Bus] 10:00 Mii Bowling [GM] 11:00 Knit and Chat! [TV] 12:30 Friendly Friday's! [AR] 1:30 Painting class with Necia! [AR] 2:00 Catholic Service with Father Rollie [C] 3:00 Bingo with Bangor Drug Prizes! [AR] 4:00 Folk music with Zella! [Atrm] 4:30 Happy Hour! [TV] 6:30 Friday Night Bean Bag Toss! [Atrm]	8:45 Sittercise [AR] 9:30 Rummikub [AR] 10:00 Fen with Wii Bowling! [GM] 1:00 Seven! [AR] 2:00 Musical Time Machine 20's and 30's music w/Brian [Atrm] 3:00 High Stakes Bingo with Gary! [AR] 4:30 Happy Hour! [GM] 6:30 Skip-Bo Night! [TV]
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